



Annual Report 2025

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Presidents' Letter

We are so proud of the work NYS-AIMH has done this past year. Successfully led by Executive Director Samantha Colson, we have exceeded our goals, increasing revenue, the number of programs offered, membership, and the number of Endorsed professionals in New York State. All accomplished through the hard work done by our staff, including Judy Frolish, our Administrative Manager, Liz Rendon, our Program Manager, and Krystal Bertrand, our Endorsement Coordinator.

The growth and success we have achieved in our 11th year are remarkable and we hope to continue this going forward. Our mission, focused on infants, young children pre-natal through five and their families has been supported through programs and funding from NYS. NYS is actively pursuing universal childcare and early education with plans to provide universal pre-K for four-year-olds by 2028. Our legislature has also increased funding for workforce development and childcare assistance. We are thankful for the commitment of our legislators and community.

We want to acknowledge and thank our fellow Board of Directors who are true champions for infants, young children, and their families across our state. They volunteer their time planting seeds for our future; seeds that will turn into mighty trees someday.

Stephanie David, JD, MPH, IMH-E®, Secretary
Robert G. Frawley, MA, IMH-E®, Treasurer
Evelyn J. Blanck, LCSW
Andre Eaton, LMSW, MDiv
Richard Honigman, MD, FAAP
Rochelle Macer, LCSW-R, ACSW, IMH-E®
Susan Rabinowicz, PhD, DPT
Esther Piper, M.A. ED, IMH-E®
Constantina Spiropoulos, MD, FAAP

Thank you to our dedicated consultants who provide Reflective Consultation, Training and technical assistance. Your skill, compassion, and expertise are rippling out to so many children and families.

We want to acknowledge our NYS-AIMH volunteers who provide countless hours of support. Your dedication to creating a well-informed, baby-centered workforce is truly lovely.

And especially thank you to our individual and organizational membership for your continued involvement and partnership.

As we reflect on the dedication of our board members, staff, volunteers, consultants, and members, we are moved by what their commitment truly represents — not simply hard work, but an act of profound hope. Ernest Shackleton once said, "Optimism is true moral courage,"; we see that courage alive in each of them and each of you — professionals across New York State who show up each day to build a world where infants, young children, and their families receive the skilled, compassionate care they deserve. It takes genuine bravery to believe, persistently and wholeheartedly, that we can shape a healthier future for our youngest and most vulnerable New Yorkers — and yet that is precisely what this community does.

On behalf of the NYS-AIMH board, we offer our deepest gratitude to each of you for embodying that optimism and for making it the foundation of your work.

With Gratitude,

Candida Cucharo, MSW, MBA, Co-Chair
Sarah Fitzgibbons, Ed.D. LMHC, IMH-E®, Co-Chair



Board of Directors



Sarah Fitzgibbons
Ed.D, LMHC, MT-BC, IMHM -C®
Co-President



Candida Cucharo
MSW, MBA
Co-President



Stephanie David
JD, MPH, IMH-E®
Secretary



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MA, IMH-E®
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Board Member



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MSW, MDiv
Board Member



Richard Honigman
MD, FAAP
Board Member



Esther Piper
M.A. ED, IMH-E®
Board Member



Rochelle Macer
LCSW-R, ACSW, IMHM-P®
Board Member



Susan Rabinowicz
PT, DPT, MS, PhD
Board Member



Constantina Spiropoulos
MD, FAAP
Board Member

Our Board of Directors includes leaders in the field of Infant Mental Health in New York State, with extensive background in a diverse range of professional settings including clinical, home visiting, child care, education, pediatrics, research and policy development.

We salute their commitment to the IECMH field and their hours of dedicated service to NYS-AIMH.

Leaders with a desire to assist in our goals are welcome to submit their credentials for nomination to the Board.

Message from NYS-AIMH Staff

We extend our heartfelt thanks to our NYS-AIMH members and supporters. Your work with and on behalf of young children and families is invaluable.

Because of your unwavering dedication and passion, infants, toddlers, young children, and families across the state are receiving high-quality care and services every day.

Your commitment strengthens the Infant and Early Childhood Mental Health workforce and helps ensure brighter outcomes for the communities you serve.

We are deeply grateful for all that you do and look forward to continuing to support your professional growth and impact in the field.

-Samantha, Krystal, Liz & Judy



Treasurer's Report

2025 Breakdown of Expenses

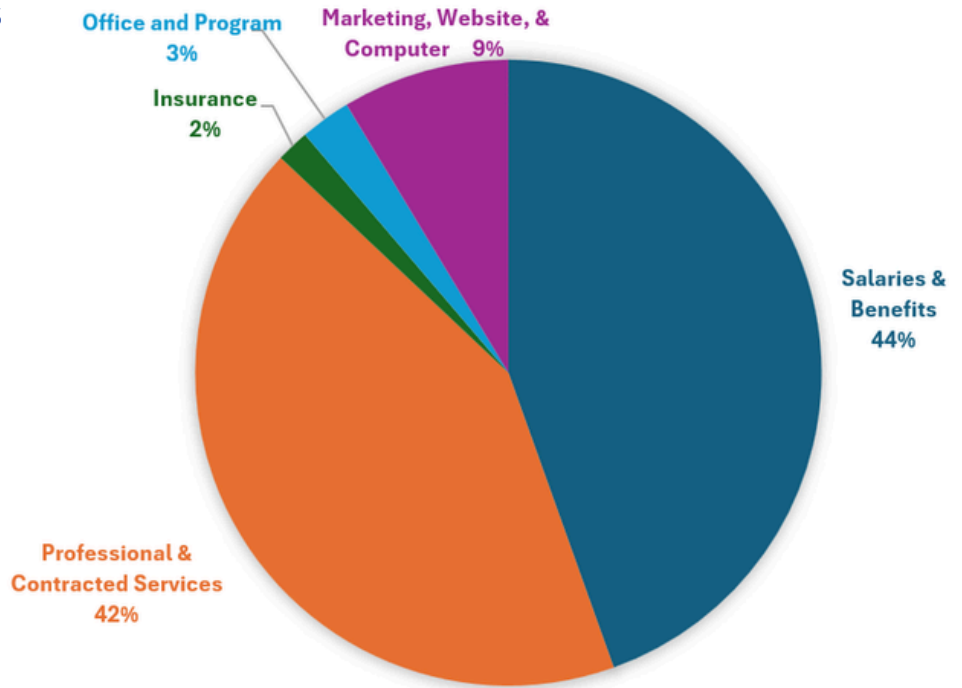
Salaries & Benefits: \$178,234

Professional & Contracted Services: \$170,112

Insurance: \$6,825

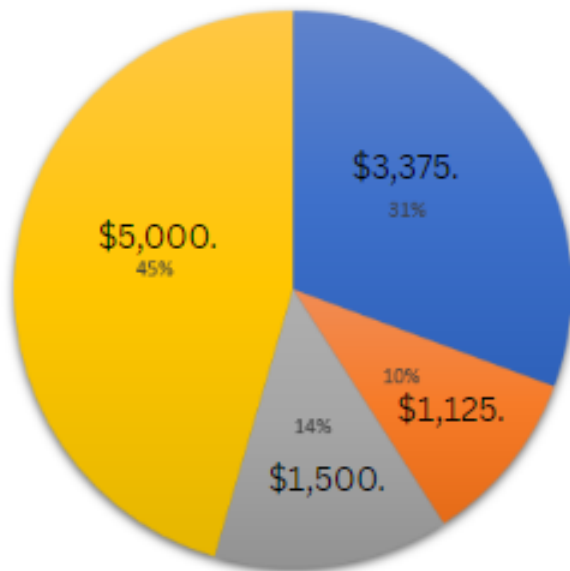
Office & Program: \$10,442

Marketing, Website, Computer & Internet: \$34,576



2025 Revenue Total \$493,303

Donations 2025 \$11,000 total



- Giving Tuesday responses were a generous \$3,375 in 2025 with messaging assistance by a consultant.
- Donations by the Board of Director's also increased.
- The continuation of foundation support is also greatly appreciated.

Thank you

Reflective Supervision



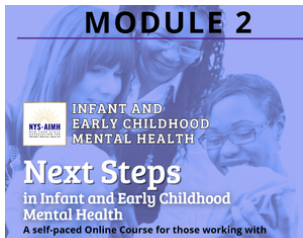
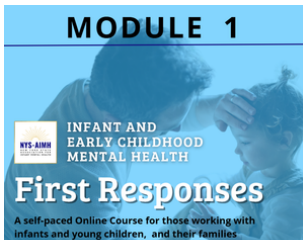
Reflective Supervision/Consultation (RSC) is a key component in building relationship-based organizations that promote learning and support professional growth.

Through one-on-one and small group sessions, RSC offers dedicated space for professionals to reflect on their work and explore how their beliefs, life experiences, and values shape their interactions with young children and families.

We extend our sincere gratitude to our partners for inviting us to support and collaborate with your organizations. Your partnership is deeply valued, and we look forward to continuing to meet your training and consultation needs.



Training



In 2025, a total of 3,133 students completed Modules 1 or 2 of the E-Learning courses. We are encouraged to see this training being used by so many early childhood educators! Most of these students are staff at NYC child care programs and eligible for a group rate. NYS Professional Development EIP scholarships are also being used to assist staff with the enrollment costs.

The IECMH Basics course was discontinued in 2025 and replaced with a new foundational 6-hour curriculum. This C.O.R.E. training was offered on three dates for Healthy Families staff only. Additional open dates will be offered in 2026. Multiple presenters are trained to facilitate this new course and U of Buffalo CEUs will be offered.

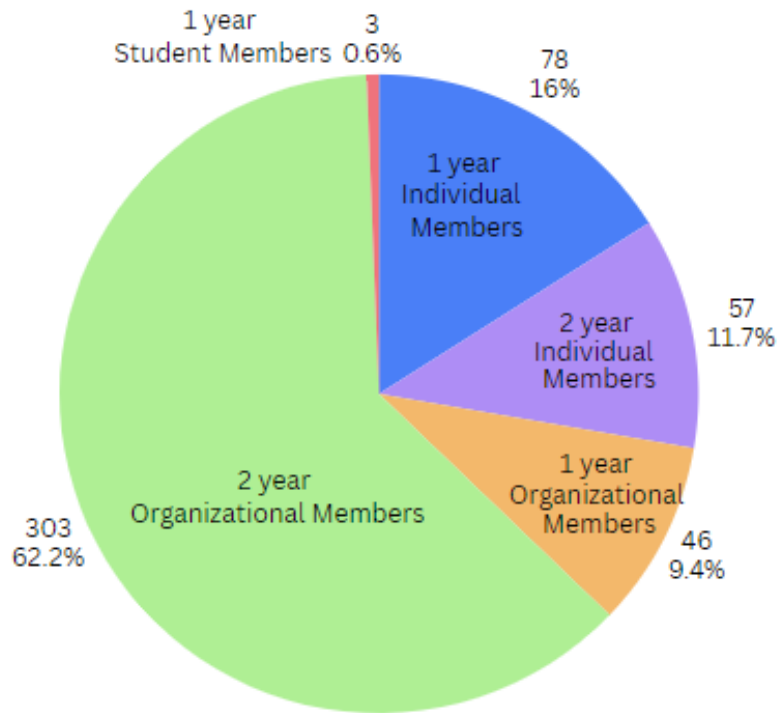
In-person training and remote training sessions were also presented by Samantha Colson to staff from Docs for Tots, Saint Dominic's TORCH, Forestdale Inc., and ECLC.

Additional training offerings in 2025 reached a total of 157 participants:

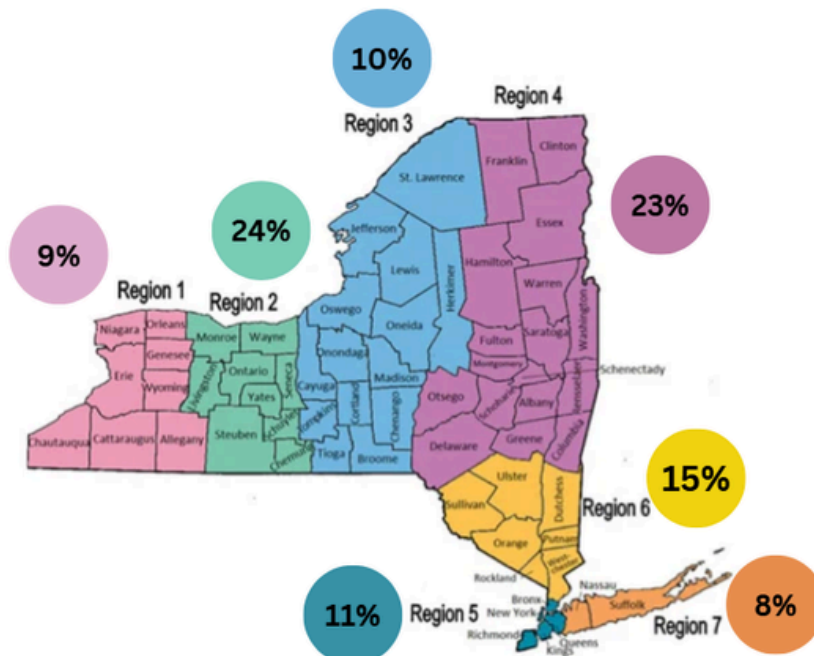
- "Preschool Suspension" (50 attendees)
- "Self-Regulation, Appraisal and Reappraisal" (33)
- "Infants and Mental Health: Building Family Provider Relationships" (11)
- "Creating Joy in the Workplace" (63)

Membership

NYS-AIMH Membership grew by 42% in 2025 to a total of 487 members. The HFNY Project included an Organizational membership which contributed to the largest increase. We look forward to providing members new and old with discounted training and encourage their involvement in the coming year.



2025 Membership by Region



Looking Ahead



Reflect, Play, Rest

2028 Reflective Supervision Symposium
June 27th-June 29th 2028
Nazareth University in Rochester, N.Y.



The Alliance for Infant Mental Health has chosen
NYS-AIMH as the host state for 2028.

Planning is underway for an exceptional Reflective Supervision Symposium to be held at Nazareth University in Rochester, NY. More detail on this two day event will be provided. Mark you calendars now and plan to join us - June 27-29, 2028!

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