



# NYS-AIMH

## Professional Development Bulletin

### Spring 2022 Edition

*For everyone who works with and on behalf of young children and their families*



IECMH Basics Courses are Free again in 2022 with six more dates available. Click on the dates below to register now!

[April 28/29](#) - [May 9/10](#) - [July 28/29](#) - [Sept. 22/23](#) - [Nov. 3/4](#) - [Dec. 1/2](#)

\*Registration in Zoom is also required, with video and audio participation during the course

**IECMH Basics – Track 3 Monthly, facilitated, small group Reflective Supervision and Consultation (RSC) sessions for a whole year!**

New groups forming in 2022! If you have completed NYS-AIMH's full 2-Day IECMH Basics course, you meet the prerequisites for applying to participate in monthly, small group RSC sessions – *free of charge in 2022* - for an entire year! This is a great opportunity to join a small group that is guided and facilitated by highly qualified and skilled RSC practitioners.

[CLICK HERE](#) for more information and to register to receive an application!

# 1st Annual NYS-AIMH Infant and Early Childhood Mental Health Conference



CELEBRATE the importance of the relationships we nurture every day -  
with children and families, and with our colleagues and communities!

**Friday, June 3, 2022 9:00 am - 4:30 pm (on zoom)**

### **Morning Keynote: Victor Bernstein, PhD**

retired professor from the University of Chicago with a career focused on building relationships and the "Ordinary Miracles" in our everyday work. Victor will help us recognize and CELEBRATE the importance of the relationships we nurture every day - with children and families, and with our colleagues and communities!

### **Afternoon workshop tracks**

include targeted panel discussions, networking with others in your field, and focusing on the power of relationships in the work YOU do!

**Workshop #1  
In Family  
Homes**

**Workshop #2  
With Children  
in Care Settings**

**Workshop #3  
Providing  
Specialty Care**

**Workshop #4  
Working on Behalf of  
Children and Families**

## **NYS-AIMH Endorsement<sup>®</sup>**

**for Culturally Sensitive, Relationship-Focused Practice  
Promoting Infant Mental Health**

**Monthly Endorsement<sup>®</sup> office hours**- offered on the second Friday of every month, this time if for those pursuing or interested in pursuing Endorsement<sup>®</sup>. see [www.nysaimh.org/events](http://www.nysaimh.org/events) to register. For the April office hours, [click here](#).

**Endorsement<sup>®</sup> Meet and Greet for Endorsed<sup>®</sup> Professionals** - offered quarterly, these evening meetings allow colleagues who are endorsed to share time together. see [www.nysaimh.org/events](http://www.nysaimh.org/events) for a listing of these dates.

**Endorsement<sup>®</sup> Open House – Q & A session for all who wonder about this process** - dates to be announced.

### **Special Events–Mark your calendars for these 2022 Events**

**June 23, 2022 NYS-AIMH Listening Session: "Pride and Parenting"** A panel of parents who are also LGBTQA+ will share their experience of the world of pregnancy and parenting the children they love: What has their journey been like - both the challenges they have faced and things that

they've celebrated; what do the parents on the panel wish to see the future hold for themselves and their families, and other families in the LGBTQA+ community? Time & details to be announced.

**July 22, 2022 Breakfast for Babies-** bi-annual program with NYS ZTT 9am - noon

**August 5, 2022 Professional Boundaries Workshop** with Wendy Shutts Bender, 9:00-1:00 Those of us who care about Infant and Early Childhood Mental Health work often face challenges with boundaries and staying within our role. The very qualities which invite us to this work, being caring, kind and compassionate, also leave us vulnerable and at risk for burn-out. These last two years have greatly exacerbated what was already challenging. This workshop will define boundaries, invite participants to explore their own challenges and offer strategies to protect us from the pitfalls. registration and details to be announced

**September 8 & 15, 2022** - 2 mornings with **Claudia Gold, MD, "Hello, It's Me!"** Pediatrician and Infant Parent Mental Health Specialist, Promoting Healthy Relationships Between Infants and Their Caregivers" details to be announced

**November 18, 2022 Listening Session: Parenting Children with Special Needs,** A panel of parents of children with special needs will share their experience of the world of pregnancy and parenting the children they love: What has their journey been like - both the challenges they have faced and things that they've celebrated; what do the parents on the panel wish to see the future hold for themselves and their families, and other families with children with special needs? Time and details to be announced.

**December 5, 2022 NYS-AIMH Reflective Supervision and Consultation Symposium.** 9am-4:30pm Do you want to help people *pause and think* about the work they are doing? Are reflection and self-awareness important? More details to be announced.

**December 6, 2022 NYS-AIMH RSC Advanced Practice Day,** 9am-4:30pm